

Version Control

Version	Date	Description of Changes	Changes to ID(s)	Author
V0.01	13/10/2025	Added initial screenshots		Inga Lipska
V1.00	03/12/2025	Finalized		RWS

PROMIS



Physical Function – Short Form 8c 7-Day

PROMIS® Item Bank v2.0 – Physical
Function – Short Form 8c 7-Day

Start



PROMIS



**Please respond to each item
by selecting one response
per question.**

[Next](#)

	< PROMIS × In the past 7 days... Are you able to bend down and pick up clothing from the floor? ☐ Without any difficulty ☐ With a little difficulty Skip Question? Are you sure you want to skip the question? Cancel Yes Next	< PROMIS × In the past 7 days... Are you able to bend down and pick up clothing from the floor? ☐ Without any difficulty ☐ With a little difficulty ☐ With some difficulty ☐ With much difficulty ☐ Unable to do Next	< PROMIS × In the past 7 days... Are you able to bend down and pick up clothing from the floor? ☐ Without any difficulty ☐ With a little difficulty ☐ With some difficulty ☐ With much difficulty ☒ Unable to do Next

PROMIS
Page



PROMIS



PROMIS

**In the past 7 days...**

Are you able to stand up from an armless straight chair?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☐ Unable to do**In the past 7 days...**

Are you able to stand up from an armless straight chair?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☒ Unable to do

Next

Next



PROMIS



PROMIS

**In the past 7 days...**

Are you able to dress yourself, including tying shoelaces and buttoning your clothes?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☐ Unable to do**In the past 7 days...**

Are you able to dress yourself, including tying shoelaces and buttoning your clothes?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☒ Unable to do

Next

Next



PROMIS



PROMIS

**In the past 7 days...**

Are you able to go up and down stairs at a normal pace?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☐ Unable to do**In the past 7 days...**

Are you able to go up and down stairs at a normal pace?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☒ Unable to do

Next

Next



PROMIS



PROMIS

**In the past 7 days...**

Are you able to wash and dry your body?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☐ Unable to do**In the past 7 days...**

Are you able to wash and dry your body?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☒ Unable to do

Next

Next



PROMIS



PROMIS

**In the past 7 days...**

Are you able to go for a walk of at least 15 minutes?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☐ Unable to do**In the past 7 days...**

Are you able to go for a walk of at least 15 minutes?

☐ Without any difficulty☐ With a little difficulty☐ With some difficulty☐ With much difficulty☒ Unable to do

Next

Next



PROMIS



PROMIS

**In the past 7 days...**

Does your health now limit you in doing vigorous activities, such as running, lifting heavy objects, participating in strenuous sports?

☐ **Not at all**☐ **Very little**☐ **Somewhat**☐ **Quite a lot**☐ **Cannot do****In the past 7 days...**

Does your health now limit you in doing vigorous activities, such as running, lifting heavy objects, participating in strenuous sports?

☐ **Not at all**☐ **Very little**☐ **Somewhat**☐ **Quite a lot**☒ **Cannot do**

Next

Next



PROMIS



PROMIS

**In the past 7 days...**

How much difficulty do you have doing your daily physical activities, because of your health?

☐ No difficulty at all☐ A little bit of difficulty☐ Some difficulty☐ A lot of difficulty☐ Can't do because of health**In the past 7 days...**

How much difficulty do you have doing your daily physical activities, because of your health?

☐ No difficulty at all☐ A little bit of difficulty☐ Some difficulty☐ A lot of difficulty☒ Can't do because of health

Next

Next



PROMIS



Click Submit to save or the
back arrow to review

Submit



Thank you for taking the time
to complete the questions.

If you are having any
symptoms or concerns,
please discuss these with
your study team.

Close

